

Issue 7: 31st May 2024

June

- 5** Model United Nations Conference
- 5** O&M Primary Cross Country
- 6** O&M Secondary Cross Country
- 6** Years 2/3 Performing Arts Excursion
- 7** Year 11 Formal
- 6,7** Scholastic Book Fair
- 10** King's Birthday Public Holiday-**NO SCHOOL**
- 11** VCE Unit 1 Exams Start
- 14** Student Free Day- Report Writing Day

Inside this issue:

Cross Country Colour Run	2
B2B Thank you	5
Attendance Reminder	6
Parent's Club Mother's Day Gifts	7
Year 7 Maths Games	8
Unit 1/2 H&HD Mental Health Posters	9
Year 11 Formal	13
The Fathering Project	14
Book Fair News	15

A few words from the Principal....Zlatko Pear

Building works update

People who have visited the school recently have all commented on how great the school is looking. Our building/renovation works are getting closer to full completion.

The front entrance is now open for use but still requires some gutter repairs and asphalt to be done. The grassed area where the old P-2 building used to be is starting to embed and will soon be open for student use. The new secondary art room is now located where the old general office was.

Our primary students are very excited to finally be back in their newly renovated art room. We are now in the processes of identifying any defects or issues which will be fixed over the coming months.



Year 11 Exams

Unit 1 exams will take place next week Tuesday 11th – Thursday 13th June. The exams will be held at the LG Ablett Pavilion and supervised by external supervisors. Students in Year 10 who are studying a Unit 1 class will also sit the exams. Classes will run as normal on Monday. Unit 1 classes will not run during the examination period.

No classes – Friday 14th June

A reminder that Friday 14th June will be a report writing day for teachers. This means that classes will not be running on that day.

Cross Country Colour Run

PRIMARY RESULTS

Age	1st	2nd	3rd
6	Billie Mull Carlo Sgambelloni	Makira Beatson CJ Newman	Evie De La Rue Harry Povolo
7	Daisy Ives	Bonique Bedendo	Liberty Boyd
8	Chole Tucker Grisham Shrestha	Collins Proctor Samuel Benci	Zoe Pankhurst Cruz Michelini
9	Liliana Turner Spessot Koby Harris	Jia Maheshwari Hugh Scott	Nova Mooney Beau Sanderson
10	Harlow Mitchell Jax Ives	Lola Michelini Cooper Vescio	Katie Myers Lennox Proctor
11	Charlotte Koers Hunter Durling	Sarah Versteegen Nate Michelini	Isabella Norris Mason Durling
12/13	Olivia Brown	Elli Lamperd	Eliza Humphries



Cross Country Colour Run

SECONDARY RESULTS

Age	1st	2nd	3rd
13	Tiahna Patten Noah Harris	Milly Waymouth Blake Parolin	Charlotte Elkington Kody Watkins
14	Aliza Kneebone Blake Fuller	Sahra Pugh Jack Matheson	Lily Humphries Austin Robb
15	Sienna Schell Jake Hodgkin (and first place overall)	Sein Pai Ling Ryder Harris	Chelsea Devlin Kaiden Gillies
16	Charli Parolin Josh Bruneau	Lily Notarianni Alex Robertson	Lauree Duncan Caleb Lennox
17	Jordan Fuller Oliver Bedendo	Darcy Crisp Jac Lewis	Schuylar Reeve
20	Summer Caponecchia Kade Feltrin	Viktoria Risnyovszka George Whitford	





Recognition of Effort was presented to Marley Paahi and Ella Gubbin



Around the College ...



In March this year, I participated in the Beechworth to Bridge Walk- 72km between Beechworth and Bright over three days. I was joined by our School Nurse, Rosemary Dax for Day 2 and 3. Along the way we were also joined by staff member Georgia Royse, who walked from Myrtleford to Bright on Day 3. We walked with the aim to support and raise awareness of those affected by mental health and suicide.



We would like to thank the staff of Myrtleford P12 College for their

generous donations to the event. We are pleased to say that the staff's contributions totalled \$265 of which we have now officially donated to the B2B cause.

Kath Morgan

OFFICIAL RECEIPT	
\$265.00 to Beechworth to Bridge	Beechworth to Bridge Inc ABN 53 780 112 516
Received From: Myrtleford P12 College Staff	PO BOX 256 BEECHWORTH VIC, 3747
Date: 18/05/2024 09:08 AM AEST	Email: exec@b2b.org.au
Amount of: AUD265.00	
Receipt No: GND2042374	

CANTEEN NEWS

In Term 2 the Canteen will be open Thursday and Friday

Students will need to bring food from home on the days the Canteen is closed. A new updated menu is attached to this newsletter!

Be Respectful – Be Responsible – Be a Responsible Community Member – Be Safe

Green Card Winners

Term 2 Week 6

Prepared and ready to participate	Kye Heather	Following teacher directions
Keeping my learning space tidy	Kade Nielsen	Wearing my uniform proudly
Focusing on my own work	Alex Rowe	Using respectful language
Arriving and leaving quietly and safely	Hunter Durling	Trying my hardest
Showing kindness to others	Lara Menz	
	Elli Lamperd	
	Rose Harris	
	Patrick Dwyer	
	Melodee Duncan	
	Matilda Burrington	
	Ahrooj Khadka (absent)	

Congratulations!!



ARTICLE 2: WHY EVERY DAY COUNTS

When students stay away from school, their learning and friendships are affected. There are many practical issues associated with absenteeism.

Students who are absent from school:

- miss the introduction of new work
- fail to complete work
- miss revision time
- miss homework explanation
- fall behind with their learning
- develop disjointed home-reading routines
- develop inconsistent homework returns/routines
- may lack confidence and feel embarrassed because they cannot do work the class has been studying
- feel left out from class discussion when they have missed a special class activity and cannot do the associated work
- miss specialist lessons because these lessons only occur once a week and so, for example, art work is not completed or is rushed in order to finish in the limited time available
- miss notices and newsletters to take home
- miss celebrations, for example student of the week, class awards, excursions, visitors, assemblies and special activities
- can find it difficult to break into established friendship groups and develop good friendships with their peers
- can develop a poor attitude towards school believing 'I won't miss much if I'm not at school'
- fail to realise that the teachers and students miss them.

Sometimes students stay at home for reasons that are not acceptable. For example:

- the child's birthday
- too tired to come to school because of a late night
- staying home with a sibling or parent who is sick
- staying away for the whole day when an appointment is booked for a short time in the morning or afternoon
- weather conditions, for example too hot, too wet.

Please remember that if you are experiencing difficulty in having your child attend school, discuss the matter with your child's teacher.

Around the College ...



SRC BBQ

Just want to say thank-you to all staff and parents who helped behind the scenes and on the day of the SRC BBQ (Preparing and serving the burgers/sausages and salad.) Also those that made a donation or showed support by purchasing lunch. This all helped to make the school BBQ a success; raising over \$270 to be donated to the Breast Cancer foundation.



The following sponsors deserve to be acknowledged and thanked:

- Coles supermarket \$100 food voucher
- Heiners Bakery donating 4 loaves of bread
- Dan and Clare Butchers in Beechworth donating a tray of sausages

A special mention to these champs:

- YEAR 7A and 8B who were most helpful with set up for the event and packing up
- Isobel Branagan for creating the BBQ flyer
- Geordie McEwan and Connor McEwan who helped cook with me on the day.

Daniela Findlay (LOTE Secondary Italian teacher)

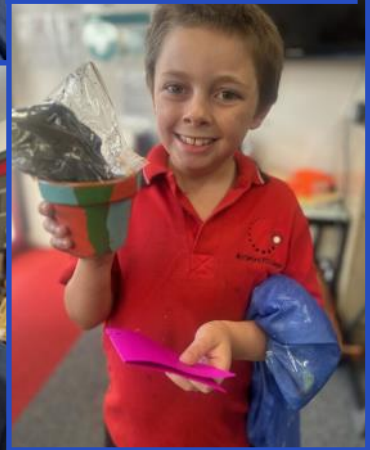
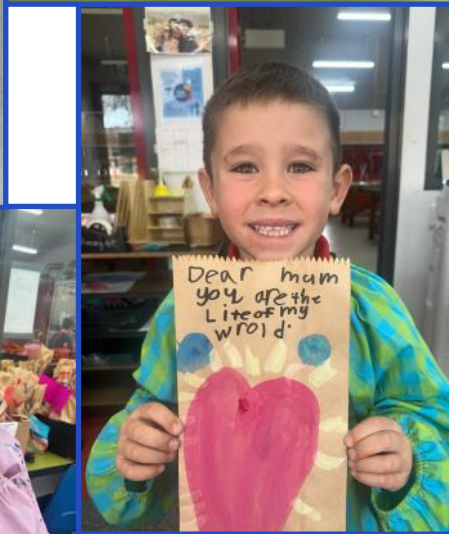
Parents Club Mother's Day Gifts

We would like to thank all those that supported our Mother's Day Fundraiser this year. We hope you all liked your gifts.

Special thanks go to Crafty and her Art leaders in helping the students to decorate their pots, they all looked awesome.

Thanks also to Mawsons Landscaping Supply for donating the soil and Dalsens Mitre 10 Myrtleford for giving a great price on the pots.

Marg Phillips (on behalf of Parents Club)



ALPINE SHIRE YOUTH AWARDS

Nominations are Open!

Monday, 29th April 2024

Nominations Close

Monday, 5th August 2024

Awards Night

Friday, 30th August 2024

Nominations QR Code:



ALPINE
SHIRE
YOUTH
awards

freeze VICTORIA
www.freeze.vic.gov.au



Elevate Education's Term 2 Parent Webinar Series

Elevate Education delivers high-impact workshops to our students that help to develop their study skills, motivation, and exam preparation. Over the next term, you're invited to join their parent webinar series, where you can help support your child at home by reinforcing the skills they're learning at school.

- How to Get (And Keep) Your Child Motivated**
8th May 6:30pm
- How You Can Help Your Child Prepare for Exams**
22nd May 6:30pm
- How You Can Support Your Child During Exams**
5th June 6:30pm
- Ask me Anything (Live Q&A)**
19th June 6:30pm

Register today at: <https://go.elevateeducation.com/auschoolwebinars>

Year 7 Mathematical Games

Thursday 16th May

Year 7 students participated in another day of Mathematical games and challenges. Students were thoroughly engaged and had opportunities to participate in a range of mathematical activities, rich discoveries and engage in mathematical conversations with student group members.

This week's activities included: Legs in the Barn, Money Box Challenge, More numbers, Three in a Row and Throw Three Dice.

The Money Box Challenge was the most popular activity this cycle.

Students had to use shapes in the form of hexagons, triangles and squares – each with a separate monetary value and they had to place as many of these within a rectangle to achieve the greatest value.

Ms Thorn



Unit 1/2 H&HD POSTERS


These posters were created by the Unit 1&2 Health and Human Development class. They introduce and explain a variety of real services aimed at improving youth health outcomes. They are very impressive!

LET'S FIND OUT!

Kids Helpline


what does kids helpline offer

Kids Helpline is a online phone counselling service for young people, to call in to seek help. From the age 5-25, and it is open 24/7.



Kids Helpline data


Since 1991 Australian kids has been calling kids helpline and kids helpline have responded to over 8.5 million



Kids helpline community values

Kids helpline help kids feel better, with giving them a place to go to get help anonymously. With some kids prefer to go to, instead of their parents, friends or school. Kids helpline is a children centered website for kids to go to.

factors of kids helpline that contribute to inequalities in health
knowing what kind of help the kids is getting and knowing that there is that extra support in the community



**MENTAL HEALTH IS IMPORTANT.
THE BENEFITS OF THERAPY**

What is Berry Street

Berry Street is a non-profit organization in Victoria, Australia, providing support services for children, families, and communities experiencing trauma, violence, and social challenges.

They offer

- family violence support services
- education services, including the Berry Street Education Model and Berry Street School
- trauma services, including our Victoria-wide therapeutic service, Take Two
- out-of-home care
- parenting and family services.

Berry Street addresses specific community needs like...

Stakeholder Engagement: Community members and partners are actively involved in shaping the organization's services and strategies.

Advocacy: They advocate for social justice and equity, aligning with the values of the

Ethics and Transparency: The organization maintains high standards in governance and financial transparency, which helps public trust.

Volunteer and Donor Support: Volunteer work and community donations directly influence the organization's program.

How factors that contribute to inequalities

Income:

Financial Support: Assists families facing economic hardship to secure essentials.

Job Training: Provides job readiness training to improve employment prospects.


Culture:

Culturally Sensitive Services: Tailors programs to different cultural needs with interpreters and staff training.

Indigenous Programs: Works with Indigenous communities to deliver culturally aligned services.

Number per 100,000 children

State/Territory	0-9 years	10-14 years	0-14 years
NSW	100	250	150
SA	110	260	160
WA	100	330	170
Tas	30	90	50
NT	150	440	230
ACT	80	210	120



Unit 1/2 H&HD POSTERS

ALCOHOL AND DRUG FOUNDATION

Australia's leading non-government, not for profit organisation providing evidence-based info about the harms of drugs and alcohol

NATIONAL ALCOHOL & OTHER DRUG HOTLINE: 1800 250 015

Almost half (46%) of 12-17 year old school students have consumed alcohol in the past year, a quarter (27%) have done so in the past month, and 15% have done so in the past week

Alcohol and Drug Foundation
adf.org.com.au

From 2016 - 2023 there has been a 30% increase in youth (18-24) who have smoked e-cigarettes in their lives

In 2022/2023, 40% of young adults (18-24) were at risk of alcohol related disease or injury

PROGRAMS

Programs run by ADF include local drug action teams, good sports, trade facts, breaking the ice, and Aboriginal and Torres Strait Islander resources

SERVICES

ADF provides/provides guidance to Hotline/s, Path2Health survey, online counseling.

HOW FACTORS WHICH CONTRIBUTE TO INEQUALITIES ARE ADDRESSED

Majority of the programs and reach out services are free and all hotlines are completely confidential. The website gives an option to provide a postcode to see any/all accessible support services in someone's location are shown. The website gives not only descriptions on how the illicit substances are harmful but also how to minimise the risk as much as possible when in use.

RESOURCES

Australian Institute of Health and Welfare, Alcohol and Drug Foundation

BEYOND BLUE

[HTTPS://WWW.BEYONDBLUE.ORG.AU/](https://www.beyondblue.org.au/)

BACKGROUND INFO AND SERVICES

Beyond Blue is an organization that provides a free online and phone helpline for people who are suffering with depression, anxiety or other mental health issues. You can talk to trained professionals who may give you advice and support. The organization can also assist you in finding the nearest mental health service and they offer a 'Check-in app' that aims to help provide support for anyone who wants to 'check-in' with a friend but is unsure how.

STATS AND FACTS FROM THE BEYOND BLUE WEBSITE

3.3 million people in Australia live with anxiety

9 in 10 people in Australia take their own lives every day. 7 of which are men

1.5 million people in Australia live with depression

- ➔ Over **75%** of mental health problems occur before the age of 25
- ➔ One in seven young people aged **4 to 17** years experience a mental health condition in any given year.
- ➔ Only **31%** of young women and **13%** of young men with mental health problems had sought any professional help.3

EXPECTATIONS AND VALUES

Beyond Blue focuses on:

- Reducing stigma and normalizing conversations about mental health.
- The emphasis on early intervention and prevention - which has them working with schools, workplaces and communities to promote awareness and detect issues early.

ACCESSABILITY TO ALL

- ➔ They have developed information that is in different languages to reach a broader audience.
- ➔ They acknowledge the unique mental health challenges faced by different genders and identity groups.
- ➔ And they offer online and phone services which allow individuals to access support without needing to travel far and or needing them to have good literacy skills.

THIS GIRL CAN

#ThisGirlCanVIC

This Girl Can

All about inspiring woman of any age can enjoy being active without the fear of being judge or critersizied .

DATA

32% of Australian women (aged 15+) participated in a sport-related activity at least once a week, while 50% of Australian men (aged 15+) participated in a sport-related activity at least once a week.

INFLUENCE

THIS GIRL CAN INFLUENCE FEMALE BY LETTING THEM KNOW THAT THEY DON'T HAVE TO BE SCARED OR EMBARRASSED TO DO SPORTS OR ANYTHING IN GENERAL

EXAMPLE

THIS GIRL CAN HAS FACEBOOK AND INSTAGRAM TO ASK OTHER WOMEN QUESTIONS, GET ENCOURAGEMENT, POST YOUR 'SWEATY SELFIES', AND SHARE YOUR STORY OF GETTING ACTIVE. ON THE WEBSITE IT HAS ALL THE SPORTS OR ACTIVITS THAT YOU CAN TRY.

BUTTERFLY Foundation

WHAT IS IT?

The Butterfly Foundation is a **free** program that represents all people affected by **eating disorders and negative body image in Australia**

SERVICES

- A national support line
- Advocates for policy change
- Promotes awareness of eating disorders
- Specialist programs
- Presentations
- Workshops
- Promotes international 'No Diet Day' annually on the 6th of May

WHY IS THE BUTTERFLY FOUNDATION IMPORTANT?

- As of 2023 1.1 million or approximately 4.45% of Australia's population aged over 5 are diagnosed with an eating disorder.
- The lifetime prevalence for eating disorders is approximately 10.46% of the Australian population.
- 33.5% of young people in Australia recorded body image as their top 4 personal concerns.

COMMUNITY VALUES AND EXPECTATIONS

- The Butterfly Foundation's vision is 'to live in a world that celebrates health, well-being and diversity'.
- **PRIVACY:** This program keeps your privacy and offers confidential support.
- **RELIABILITY:** 893 health professionals are registered on the Butterfly's Referral Database.

HOW DO THEY ADDRESS INEQUALITIES IN HEALTH STATUS?

Factors such as income, culture, education and gender does not affect who can use The Butterfly Foundation as it is a free and can be easily accessed by everyone.

• <https://butterfly.org.au/get-support/helpline/>

Unit 1/2 H&HD POSTERS

THE Butterfly FOUNDATION

The Butterfly Foundation provides **free and confidential support** for anyone in Australia concerned about eating disorders or body image issues.

SERVICES

Online Support - 8am-Midnight 7 days a week

- National helpline
- Website - online chats, email
- Specialist programs/ workshops/presentations
- Support initiatives such as 'International No Diet Day'

DATA

According to Eating Disorders Victoria, **27%** of eating disorder cases in Australia are among those aged **10-19**

Research shows that adolescents are at greatest risk, with the **average** age of onset for an eating disorder between **12 and 25** years

According to the National Eating Disorders Collaboration, around one third or **31.6%** of Australian adolescents engage in disordered eating behaviours within any given year

Adolescent's chance of engagement in disordered eating over a year

Due to the high prevalence of eating disorders (characterised as any of a range of mental conditions in which there is a persistent disturbance of eating behaviour and impairment of physical or mental health) in adolescents, it is evident that programs such as **The Butterfly Foundation** are important to help youth with issues such as self esteem and body image, raising overall mental health and wellbeing, alongside emotional, social, and physical.

IMPLEMENTATION

Implementation of the above can be influenced by community expectations due to the stigma surrounding the topic of eating disorders and the fact that it is not something that is accepted and considered normal to talk about. Individuals with eating disorders are highly likely to keep their feelings to themselves for fear of being rejected or shamed by society.

INEQUALITIES

Education - as free knowledge and information is provided through their supportive and trained counsellors, online portals and chat rooms, also phone calls due to language barriers.

Privacy - Confidential support

Accessibility/Equity/Affordability/Income - as it is free to use for everyone and everyone can get what they need

THE BLACK DOG INSTITUTE

WHAT IS THE BLACK DOG INSTITUTE?

The Black Dog Institute is an independent, non-for-profit medical research institute. Their research aims in preventing and treating severe mental health conditions. They offer educational resources, accredited training and online learning, clinical services and prevention initiatives such as the Suicide Prevention Implementation.

Figure 8.5: Persons aged 16 and over reporting high or very high psychological distress, by age group and sex, 2002 to 2020

Year	Female aged 16-24	Male aged 16-24	Women aged 25+	Men aged 25+
2002	18	15	18	15
2004	18	15	18	15
2006	18	15	18	15
2008	18	15	18	15
2010	18	15	18	15
2012	18	15	18	15
2014	18	15	18	15
2016	18	15	18	15
2018	18	15	18	15
2020	22	18	20	18

INFLUENCE OF COMMUNITY VALUES AND EXPECTATIONS

The community expects the Black Dog Institute to be respectful in keeping information confidential as well as equitable by ensuring these resources are available to those of lower SES

FACTORS WHICH CONTRIBUTE TO INEQUALITIES IN HEALTH STATUS THAT ARE ADDRESSED BY THE PROGRAM

Income - as the Black Dog Institute provides online, free resources therefore making it accessible for anyone.

Education - the information on the site is in simple wording therefore making it resourceful and valuable to many.

Gender - Males tend to not want to seek help in person so it provides a valuable resource and tool for them.

These posters were created by the Unit 1&2 Health and Human Development class. They introduce and explain a variety of real services aimed at improving youth health outcomes. They are very impressive!

Myrtleford P12 College is committed to the implementation of Child Safe Standards to promote the safety and wellbeing of all young people.
Myrtleford P12 College acknowledges the Traditional Custodians of the land on which we stand and pay our respect to the Elders both past, present and future.

headspace®

National Youth Mental Health Foundation

Headspace Offers Mindful movement, Meditations, Sleepcasts, focus music, eating guidance, Breathing exercises, Courses on Mindfulness and Journals

60%

Meditating for 6-9 months can reduce anxiety by 60%

The National Health Interview Survey showed that 63.6% found meditation had helped with Anxiety, stress and depression.

64%

By meditating regularly, students can develop the ability to cope with stress and can maintain calm in pressurizing situations.

1 in 5 Australian students feel stressed daily.

1/5

Headspace tries to make sure everyone, no matter their money, culture, education, or gender, can use their services. It's free, they have team members with knowledge of different cultural backgrounds, they sometimes work with schools and is accessible to all Genders.

Headspace has been influenced by the following community expectations and values: Respect, Privacy, Affordability, Effectiveness, Transparency and honesty, Targeted at, and relevant to community needs, Evidence-based information, Equity, Confidentiality, Inclusion, Value for money, Age-appropriate resources and programs, Reliability, Accountability for personal behaviour, Effectiveness, Easily accessible by those in need and Transparency and honesty.

Headspace Centre

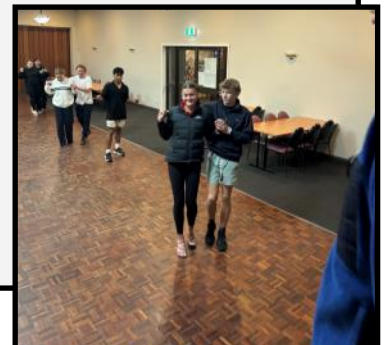
Holocaust Museum

On May 27th, both year 10 classes attended the Melbourne Holocaust Museum and experienced being independent in major Melbourne shopping centres. We were fortunate enough to meet with a survivor of the Holocaust, Andre Dubrowin (pictured on stage), hear his story and ask him questions. Andre was born in Brussels in 1939 and was harboured by various Non-Jewish families after his parents' arrest and subsequent death at the hands of the Nazis. Andre shared a powerful message with the students that I would like to share further: "We're all human. We're all the same. We all want the same basic things ... water, food ... freedom. We need to understand each other and remember that everybody is the same."



Year 11 Formal

The year 11 students participating in the Formal have been working hard since mid-April to learn their 4 routines for the night. The Formal is always a night that is enjoyed by all and we encourage the Myrtleford P-12 College community to attend. This year's formal is held on Friday, June 7th. Tickets are now available from the front office for \$21 each.
Miss Keira Schaefer.





<https://thefatheringproject.org/about-us/>

The Fathering Project is an evidence-based organisation that aims to promote positive fathering behaviours and fathers' engagement with their infants, preschool, primary school and adolescent-aged children.

Myrtleford P12 College is excited to be involved in the Fathering Project. Watch this newsletter for handy tips and upcoming activities for all the Fathers out there.

As children move towards the teenage years they may appear to not want to talk as much with you and may be preoccupied with their peers. This does not mean they don't want to talk to you at all. Nor does it mean they have nothing to say. It is important for you to not give up and to keep checking in and asking questions on a regular basis. Having conversations with your child asking their opinions and listening to their ideas shows that you are seeing and treating them as a maturing young person. This will also encourage them to come to you with any problems and help when you need to have difficult conversations or resolving disagreements.

Top Tips

- **Be open and available.** Let your children know you want to talk with them regardless of the topic. Always show them that you enjoy talking with them.
- **Keep up to date with what is happening in their lives** on a day-to-day basis.
- **Try talking side-by-side.** Communicate while you doing everyday things together -at the dinner table, on the lounge, walking or driving together e.g., when driving to school/sport or when doing the dishes. Side-by-side conversations are particularly good for having tricky conversations.
- **To get the conversation going, ask them about things that interest them.** Show you are interested in hearing about their own interests. ask them to explain something they are interested in (a computer game, their favourite music, a movie or series they have watched). Compare notes on football or other sporting teams or ask them about something they have created.
- **Ask questions that need a sentence answer rather than 'yes' or 'no' answers.**
- **Be open to their ideas and opinions.** Young people are learning to be their own person and may have viewpoints that may be different from yours. Use questions that open up conversation. "What do you think about that?", "What would you do in that situation?", "How would you do that?"

Be prepared. During your conversations they may decide this is the time to talk about something that is difficult for them. Try not to respond with 'shock and awe'. Be calm and let them talk while you organise your thoughts.

Tips taken from the following website:

<https://thefatheringproject.org/fathering-channel/how-fathers-play-an-important-role-in-their-childs-education/>

Dad joke of the week

What kind of drink can be bitter and sweet?
Reali-tea



Library News...

You're invited to our
SCHOLASTIC Book Fair

Find these books and more at the Fair!

EVERY DOLLAR EQUALS RESOURCES FOR OUR SCHOOL

SCHOLASTIC **SCHOLASTIC REWARDS**

Date	6th and 7th JUNE	Time	8.30am-4pm
Place	IN THE LIBRARY		

SAVE THE DATES!

The Book Fair is coming to *Myrtleford P12 College!* It will open on Thursday 6th and Friday 7th June. Come in between 8.30am and 4pm and support our school whilst getting your hands on the best new children's books!

This year's theme is.....



BOOK FAIR GARDEN

Catch the reading bug!



I will be looking for some volunteer helpers throughout the week of the Book Fair. Send me an email if you think you can spare a couple of hours.
kathleen.morgan@education.vic.gov.au

...Mrs Morgan

National Simultaneous Storytime

Students at Myrtleford P12 College were amongst 2,359,147 others that participated in the National Simultaneous Storytime this year. We have enjoyed the book, listened to the story and learnt about bowerbirds. In the library, students coloured in a patterned bowerbird and students helped collect blue items for the library bower. Many of the classes joined in craft activities as well.



Students in Prep L decorated some lovely bower birds in their bowers

...Mrs Morgan

IN THE COMMUNITY



Parallel Wilds - 4th July

Age: 10-16 years old

Price: \$99.00

Parallel Wilds is an immersive and innovative 3D creative writing platform for youth, creating empowering self-identity in the natural world and a speculative universe on the future of wilderness, set in the year 2050.

Thursday 4th July 2024 11.00AM - 4.00PM

This project features mind mapping and creative writing on the future of native species, engaging youth with a 360 camera and 6ft tripod, sound recording, digital photography and design technology.

This 4 hour workshop will include an hour break for lunch.



Parallel Wilds - 5th July

Age: 10-16 years old

Price: \$99.00

Parallel Wilds is an immersive and innovative 3D creative writing platform for youth, creating empowering self-identity in the natural world and a speculative universe on the future of wilderness, set in the year 2050.

Friday 5th July 2024 11.00AM - 4.00PM

This project features mind mapping and creative writing on the future of native species, engaging youth with a 360 camera and 6ft tripod, sound recording, digital photography and design technology.

This 4 hour workshop will include an hour break for lunch.



ART/PARTS FINE ART SUPPLIES 488 David Street, Albury 0428 173 094

FREE First Aid Course

Thursday 13th June from 9.30

Fully Funded through the Myrtleford Men's Shed.

Those who wish to register for this course or who would like further information please contact the below by June 1:

Please call or email:
Barry Holden Ph 0433 229 431
Clive Walker Ph 0479 437 964
 or **Kevin Dinneen** Ph 0472 751 443
 or email myrtlefordmensshed@alpinehealth.org.au
Myrtleford Mens Shed - All Welcome
 Open Every Tuesday and Thursday 9am-2pm
 161 Standish Street Myrtleford

ART/PARTS FINE ART SUPPLIES 488 David Street, Albury 0428 173 094

BY ARRANGEMENT WITH ORIGIN THEATRICAL ON BEHALF OF SAMUEL FRENCH LTD - A CONCORD THEATRICALS COMPANY

PRESENTS

THE LONG ROAD

BY SHELAGH STEPHENSON

Starring our very own Mental Health Practitioner, Miranda Schroeder
 This production is for Mature Audiences.
 Please refer to the booking site for details

JUNE 14, 15, 21, 22 AT 7.30PM
JUNE 16, 23 AT 2PM
 AT THE STAGE DOOR STUDIO
 40 EVANS ST, WANGARATTA
 TICKETS \$30

WWW.TRYBOOKING.COM/CRRUA

*FOR MATURE AUDIENCES: ADULT THEMES, COARSE LANGUAGE, VIOLENCE

Our Sponsors. . . . Thank you for your ongoing support.

FOODWORKS
Supermarket

MYRTLEFORD 91 Myrtle Street
(03) 5752 1578
myrtleford@getores.foodworks.com.au

OPEN: 7am TO 7pm Mon to Fri
8am to 7pm Sat & Sun
myrtleford.myfoodworks.com.au

Billy AND me
1911 - 1913 - 1915

WE PROUDLY STOCK THE FULL RANGE OF COLLEGE UNIFORM

67 Clyde St,
Myrtleford
Ph 57522459
billyandme@outlook.com

Myrtleford Cycle Centre
Everyday Cycling Solutions

59 CLYDE STREET MYRTLEFORD
(03) 5752 1511 / 0407 967 309

Alpine Valley Homes
M & S Crisp Builders

Mathew 0429 079 269
Simon 0418 214 025

HIA 501471 DBU 4966

TERRY CARTWRIGHT KITCHENS

3 MCGEEHAN CRES MYRTLEFORD 3737
PO BOX 640 MYRTLEFORD 3737

GEOFF MITCHELL
Director

Ph: 03 5752 2301
Fax: 03 5751 1882
Mobile: 0407 681 014
Web: terrycartwrightkitchens.websyte.com.au
Email: cartwrightkitchens@bigpond.com

- Kitchens
- Bathrooms
- Wardrobes
- Wall Units

0427 272 777

CRISP MASSAGE

Open: MON/FRI 9am to 6pm
by appointment only

Style Inn
hair & beauty

15 Clyde Street,
Myrtleford
(03) 5751 1567

Food for Families. Thanks to you.

WAW proudly partnering with Uniting for Food For Families.

Drop off non-perishable food here to help support vulnerable people facing crisis this Christmas.

foodforfamilies.org.au

HEI-TANA FREIGHT

MYRTLEFORD • WANGARATTA • BRIGHT

Owner/Operator - Kane Howell

Phone **0418 577 652**
A/H 03 5752 2531

EMAIL: heitanafreight@gmail.com

bank

WAW

Porepunkah Ski Hire

Gary & Carolyn Monshing

Town Centre, Porepunkah 3740
Ph/Fax: 03 5756 2355
Mobile: 0438 519 217
Email: punkaski@netc.net.au

DARO Business Machines
ALBURY - 490 MACAULEY STREET
WANGARATTA - 17A BAKER STREET

- B/W & Colour Copiers
- Printers Scanners
- Faxes & Projectors
- Copying/laminating Service & Much More

DARO **Canon** AUTHORIZED DISFRUITER
OFFICE MACHINE SPECIALIST since 1980

creature Crafts

Shop 4/68 Myrtle Street
(next to Buffalo Farm Equipment)

ph: (03) 57 521 494

For all your crafting needs:
patchwork, quilting, embroidery, knitting,
scrapbooking, cardmaking, haberdashery

creaturecrafts@bigpond.com www.creaturecrafts.net.au

Community Bank
Bright and Myrtleford

Bendigo Bank

Our fortnightly newsletter is available for your enjoyment:

- **On the ClassDojo app** available on Android and Apple devices. (Where you can also enjoy notifications about school related information)
- **On Compass** (Where you can also enjoy notifications about school related information and parent forms)
- **On the College website** at <http://www.myrtlefordp12.vic.edu.au/>
- **Via email** (just let the office know and provide a valid email address)
- **By hard copy** on request